



BULLETIN 2

Organizers: Harju orienteering club and Saaremaa orienteering club

Head organizer: Uku-Laur Tali (tel +372 53818953)

Contact: info@saok.ee; ukulaurtali@gmail.com

Event website: www.saok.ee/emv2021/

FB event: www.facebook.com/events/1056531618168363

EOL inspector: Paul Poopuu

Event inspector: Andrus Sipsaka

IOF event inspector: Tõnis Jürimäe

Competition jury:

- Anu Saue (EST)
- Lauri Leppik (EST)
- Kuno Rooba (EST)



INTERNATIONAL ORIENTEERING FEDERATION

COVID-related information

Due to the spread of the coronavirus and the Estonian government's restrictions there are new preventive measures for participating in Estonian championships in orienteering sprint, sprint relay and night long distance in Estonia, Saaremaa. This means that only people who have been vaccinated, recovered from COVID-19 (diagnosed in 180 days), or presented a negative test result can take part in the competition.

These restrictions don't apply to minors (under 18-years old).

Negative test results include either COVID-19 PCR-test (taken up to 72h before competition) or negative rapid antigen test (taken up to 48h before competition). To participate in a competition, the test result must be negative.

It is possible to send the certificate to the organizers beforehand - the address to send the certificate is emv.ko-roonapass@gmail.com - the latest time to send the documents is 27th august at 18:00. If competitors have not sent the certificate beforehand, it is possible to present the document to the organizers in the sprint competition start quarantine. The document must be printed out on paper as use of smart devices is prohibited in the quarantine area.

If you have any symptoms of Covid-19 disease such as fever, loss of smell or taste, cough, fatigue, headache, sore throat, cold or runny nose, shortness of breath, diarrhea, or unexplained loss of appetite, you may not take part in competitions. In this case the organizer can remove you from the competition. If you have a high fever, are coughing and experiencing difficulty breathing, seek help immediately (call emergency number 112 or contact the organisers).

It is recommended to wear a mask indoors. It is possible to use hand disinfectants in the competition area. Keep social distance and avoid hugging, handshake etc if possible.

28.08-29.08 Estonian Championships


KURESSAARE, PIDULA, LEEDRI

The map shows the island of Saaremaa with three numbered locations marked by orange squares. Location 1 is Kuressaare, location 2 is Kihelkonna, and location 3 is Vilsandi saar. The map includes labels for various geographical features like Tagamõisa ps, Ninase ps, Kõrjarv, and Saaremaa vald.

1. Estonian championships in sprint 28.08
2. Estonian championships in night long distance 28.08
3. Estonian championships in sprint relay 29.08

ESTONIAN CHAMPIONSHIPS IN SPRINT

 28.08

 Kuressaare city, Saaremaa

MW21 and 20 classes are a World Ranking (WRE) competition

- 12.00 competition center open
- 14.00 entry to the quarantine closes
- 14.00 beginning of the starts
- 15.35 start of the television broadcast
- 17.00 sprint award ceremony
- 20.00 final registration of sprint relay names and running order (osport.ee)

ESTONIAN CHAMPIONSHIPS IN NIGHT LONG DISTANCE

28.08

 Pidula-Teesu, Saaremaa

- 19.30 competition center open
- 21.15 beginning of the starts
- 22.30 start of the television broadcast

The award ceremony of the night competition will take place after the sprint relay competition in the next day

ESTONIAN CHAMPIONSHIPS IN SPRINT RELAY

29.08

 Leedri küla, Saaremaa

- 10.00 competition center open
- 12.00 beginning of the starts for youth and veteran classes
- 12.45 entry of the main class competitors (MW21) and all other relay competitors who have not yet started, into the start quarantine area
- 12.45 start of the television broadcast
- 13.00 beginning of the start for MW21
- 14.00 open courses available (free start time) - the map can be purchased from the secretariat for 5 €
- 14.30 award ceremony of the night competition
- 15.00 sprint relay award ceremony

28.08-29.08 Estonian Championships

KURESSAARE, PIDULA, LEEDRI

IN ADDITION:

26.08 at 14.00 - 20.00 orienteering training event in Muhu island, Lõetsa village

27.08 at 14.00 - 20.00 orienteering training event in Kuressaare, in the beach recreation area and on the territory of the castle.

More information: www.paevakud.ee

FORBIDDEN AREAS:

There are 2 types of forbidden areas in Kuressaare town.

Forbidden area no. 1 is marked on drawing 1 - in this area it is forbidden to organize trainings or move with a map until the competitions. (drawing 1)

Forbidden area no. 2 (marked on drawing 2) - in this area it is forbidden to remain or move through from 28th august at 11.00 until the end of the competition (valid before the closing of the start quarantine and also for competitors who have already finished). This area does not contain the central square of Kuressaare, Lossi street and Allee street.



Drawing 1 - Kuressaare forbidden area no. 1

In the Pidula-Teesu forbidden area (drawing 3) it is not allowed to move with a map or to organize trainings until the competitions.



Drawing 4 - Leedri village forbidden area.



Drawing 2 - Kuressaare forbidden area no. 2



Drawing 3 - Pidula forbidden area

In the Leedri village forbidden area (drawing 4) it is not allowed to move with a map or to organize trainings until the day of the competitions. Starting from 29th august at 08.00 it is forbidden to be in or to move through the terrain until the end of the competitions.

28.08-29.08 Estonian Championships

KURESSAARE, PIDULA, LEEDRI

PARTICIPANTS:

Participants of the Estonian championships in 2021 must hold a valid Estonian Orienteering Federation licence.* Licence must be obtained at the latest on the day after the final registration date.

Exceptionally the organiser may allow starting of competitors who have bought a one-time licence at the competition.

The representation of a certain club will be determined by the valid Estonian Orienteering Federation licence.

During one season, a competitor can represent only one club.

*Foreign citizens without Estonian Orienteering Federation licence are allowed to start at Estonian Championships with the result not counting in the Championships ranking. WRE results are ranked separately.

COMPETITION CLASSES:

SPRINT

Classes: M,W 14, 16, 18, 20, 21, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80

Competition classes M21 and W21 are world rankings (WRE) and the starting order of the main classes is determined by the state of the world rankings. Competitors not in the leaderboard will be drawn at the beginning of the protocol.

Starting interval: 1 minute

NIGHT ORIENTEERING

Classes: M,W 16, 18, 20, 21, 35, 45, 55, 65, M40, M50, M60, M70, M75

Starting interval: 3 minutes

SPRINT RELAY

Classes: MW 14-16, 18-20, 21, 35-40, 45-50, 55-60, 65+

The team consists of 2 women and 2 men.

The compulsory order of team runners is woman-man-man-woman.

There will be open courses with free start time after the relay competitions.

REGISTRATION:

You can register for the competition in the environment www.osport.ee until midnight on 23.08.2021.

In the sprint competition (WRE), the registration of MW 21 and MW 20 competition classes must be done in the environment <https://eventor.orienteering.org/Events> until midnight on 23.08.2021.

A participation fee must be paid at the same time as registration. Registration takes effect only after the participation fee has been received in the current account of the club conducting the competition:

MTÜ Saaremaa Orienteerumisklubi - a/a: EE071010602007909000

Organizer has the right to not allow competitors who have not paid the participation fee to start.

For the sprint relay it is advised to present the preliminary members of the team. The exact names, running order and SI card numbers must be entered in osport.ee registration site by 28th august at 20.00.

There will be some reserve starting spots left by the organizer that can be filled ongoingly after the entry deadline with double participation fee (except MW21). For a late entry a letter must be sent to info@saok.ee

28.08-29.08 Estonian championships

KURESSAARE, PIDULA, LEEDRI

PARTICIPATION FEES (in euros):

Competition classes	Sprint	Öine	Competition classes	Sprint relay (team)
MW14-18	6	6	MW14-16	24
MW20	9	9	MW18-20	30
MW21	*	15	MW21	60
MW35-60	15	15	MW35-60	60
MW65-80	10	10	MW65+	40

* For MW 21 classes the participation fees will be:

Until July 1 - 12€

Until August 1- 15€

Until August 23- 20€

From 24th august to reserve places - 25€

In addition, on Sunday, August 29, after the sprint relay competition, it is possible to run open courses on the same terrain, the participation fee is 5 €. There are three different lengths of courses to choose from, as well as free choice maps.

COMPETITION TERRAINS AND MAPS:

SPRINT:

The competition terrain used includes the center of Kuressaare, taking advantage of the irregular street network, narrow passages, closed courtyards, as well as more open urban space and green areas. Mapping is typical to urban areas. The characteristic feature of Kuressaare is, among other things, numerous stone walls that add technical difficulty. Dangerous areas are streets with traffic, which are not closed during the competition - competitors are required to pay attention. The organizer may add traffic controllers to certain specific locations. In addition, Kuressaare can be quite crowded during summertime and caution should be executed to not collide with tourists and other people.

Some places with forbidden areas and uncrossable obstacles are marked with red-white plastic tape and/or temporary fences to ease visualization.

The uncrossable symbols are reminded at the last chapter of Bulletin 2.

Map scale is 1:4000 and contour interval is 2,5m.

For legibility reasons the control numbers have white outline on the map.

Controls have both control number and control code next to them on the map.

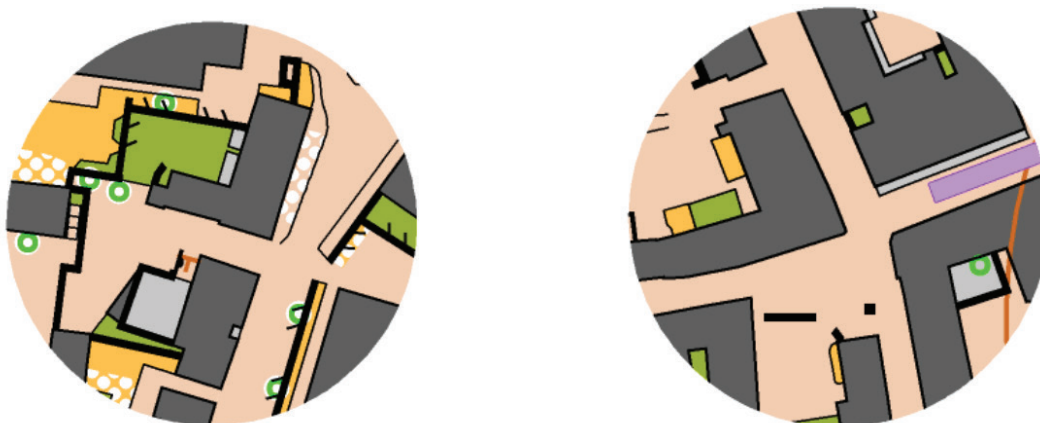
Special objects on the map:

Eriobjektid / special objects:

- × Mänguväljaku taristu / Playground object
- o Lauatennise laud / Table-tennis table
- o Monument / Monument
- Püskikaev või kaev / Fountain or well
- o Pink / Bench

28.08-29.08 Estonian Championships

KURESSAARE, PIDULA, LEEDRI



NIGHT:

The competition area has mainly three special landscape types - detailed micro-relief on old beach dunes, alternation of elongated marsh strips with mineral land strips and also a sandy beach area with an emerging pine forest. In addition, two watercourses pass through the landscape, which has also left its light mark on the nature of the landscape.

The runnability of the landscape is variable and at times quite mosaic - there is mostly a pine forest with good runnability, but damper areas and occasional juniper thickets will definitely slow you down. The marshes in the area are mostly dry in August but in shadowy areas with many high turfs and small bushes. Damp areas in the forest can sometimes be difficult to distinguish. Small streams are shallow and with strong, sandy bottoms. Around the streams there are wet meander scars with unknown depth.

There is moderate forestry activity with generally good runnability (grass growth is clearly more modest than on the mainland).

In the terrain there are several old, straight rides that are difficult to spot as they are characterized by only a gap in the tree crowns. These rides are mapped with yellow linear lines (area symbol). Height differences are small, up to 10 m on one slope.

The danger area is the Pidula-Veere road crossing, where the driving speed of cars is limited to 30 km / h during the competition.

Near the beach there are areas with old barbed wire on the ground. Spotted barbed wire during the mapping has been marked on the map with narrow purple line but not all the places may be noted.

In addition, the landscape is rich in dried spruce and juniper twigs, which can be strong and sharp and, in the worst case, cause injuries. In the forest there are a lot of ticks and tick-borne diseases are moderately frequent in the area.

Before the last control there is an uncrossable fence in the terrain with crossing points. The fence and the crossing points are not emphasized with purple color and attention to reading the map is needed.

Map scale for classes MW50 and older is 1:7500 and for all the other classes the scale will be 1:10 000. Contour interval is 2,5m.

There will be only the control number next to the control on the map.

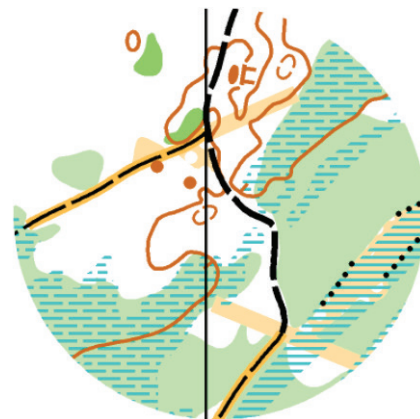
Special objects on the map:

Eriobjektid / Special objects:

- Väike hoone või piknikulaud / Small building or picnic table
- × Teadetetahvel või puitvõrestik / Wooden stand or construction
- ▲ Vana kaevikusüsteem madala keskmega / Old ditch system with central shallow area
- Vana okastraat maas / Old barbed wire on the ground

28.08-29.08 Estonian Championships

KURESSAARE, PIDULA, LEEDRI



SPRINT RELAY:

The competition landscape includes the compact village typical to Saaremaa, which is characterized by numerous stone fences, streets between them, diverse farmyards and more open pastures, meadows and bushes at the edges of the village.

There are electric herd fences in the landscape, which can be hard to notice when running. The electric fences surround pastures that are marked on the map as forbidden area (purple out of bounds area).

Some places with forbidden areas and uncrossable obstacles are marked with red-white plastic tape and/or temporary fences to ease visualization.

The uncrossable symbols are reminded at the last chapter of Bulletin 2.

Map scale is 1:4000 and contour interval is 2,5m.

For legibility reasons the control numbers have white outline on the map.

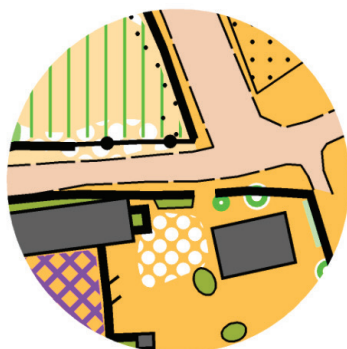
Controls have both control number and control code next to them on the map.

The number of the last checkpoint has been moved slightly away due to lack of space and connected to the point by a thin red line. There are lot of points and point numbers all over the course, so it is important to carefully watch the number of the point.

Special objects on the map:

Eriobjektid / special objects:

- Piknikulaud / Picnic table
- × Kiik, Mänguväljaku taristu, Metallobjekt / Swing, Playground object, Metal object
- ✕ Känd, Kännuhunnik / Rootstock, Pile of roots
- Kaev / Well



28.08-29.08 Estonian Championships

KURESSAARE, PIDULA, LEEDRI

PUNCHING:

SportIdent system is used with an enabled touch free system (SI Air+).

It is possible to rent SI or SI Air+ cards from the organizer. Prizes are 1€ and 2€ per start, respectively.

Use of SI Air+ card:

When using SI Air+ the competitor is responsible that the battery of the card is full enough to compete. SI card battery can be checked in the designated SI station that will be located in the start quarantine (sprint competition) or in the information tent (rest of the competitions).

SI Air card is activated in the CHECK station. Do not forget to activate your card.

SI Air usage radius in control points is

After punching a control point, SI Air card will flash and beep.

If SI Air card is not activated or if the battery is empty then it will work as a regular SI card and for punching it must be placed in the CP station-hole.

Some other devices might disturb the function of SI Air cards. For example it is prudent to use gps watches and SI Air cards on different hands.

The competitor is responsible for correct punching of control points. In case of doubt, place the SI card in the station and wait for the visual and auditory confirmation.

WINNING TIMES AND COURSE LENGTHS:

None of the courses in all three competitions have considerable climb meters. Also there are no refreshment points in any of the competitions.

SPRINT:

Course setter: Eduard Pukkonen

Competition class	Planned winning time, min	Distance (direct, m)	Distance (shortest route, m)	Number of control points	Competition class	Planned winning time, min	Distance (direct, m)	Distance (shortest route, m)	Number of control points
W14	10-12	1230	1470	10	M14	10-12	1230	1470	
W16	12-15	1800	2330	13	M16	12-15	2020	2660	10
W18	12-15	2020	2660	15	M18	12-15	2390	3150	10
W20	12-15	2490	3160	18	M20	12-15	2620	3550	18
W21	12-15	2490	3160	18	M21	12-15	2620	3550	21
W35	10-12	2190	2940	16	M35	12-15	2490	3160	21
W40	12-15	2140	2940	16	M40	12-15	2390	3150	18
W45	12-15	1840	2650	14	M45	12-15	2390	3150	10
W50	12-15	1800	2330	13	M50	12-15	2190	2940	10
W55	12-15	1800	2330	13	M55	12-15	1840	2650	16

14

28.08-29.08 Estonian Championships

KURESSAARE, PIDULA, LEEDRI

Competition class	Planned winning time, min	Distance (direct, m)	Distance (shortest route, m)	Number of control points
W60	12-15	1500	2030	13
W65	12-15	1300	1720	10
W70	12-15	1190	1630	11
W75	12-15	1100	1280	11
W80	12-15	1100	1280	11

Competition class	Planned winning time, min	Distance (direct, m)	Distance (shortest route, m)	Number of control points
M60	12-15	1800	2650	13
M65	12-15	1800	2330	13
M70	12-15	1500	2030	13
M75	12-15	1300	1720	10
M80	12-15	1190	1190	11

Maximum running time 60 minutes.

SPRINT RELAY:

Course setter: Eduard Pukkonen

Competition class	Planned winning time, min	Distance (direct line, m)	Distance per leg (shortest distance, m)	Number of control points per leg
MW14-16	48-60	M - 1600, W - 1300	M - 2020-2060, W - 1780-1840	M-15, W-13
MW18-20	48-60	M - 2100, W - 1900	M - 2550-2610, W - 2360-2450	M-16, W-16
MW21	48-60	M - 3000, W - 2600	M - 3710-3720, W - 3310-3320	M-25, W-22
MW35-40	48-60	M - 2600, W - 2200	M - 3300-3320, W - 2740-2750	M-22, W-19
MW45-50	48-60	M - 2300, W - 1800	M - 2870-2910, W - 2320-2340	M-21, W-16
MW55-60	48-60	M - 1900, W - 1500	M - 2770-2790, W - 1980-2010	M-19, W-15
MW65+	48-60	M - 1500, W - 1300	M - 1920-2000, W - 1680-1770	M-13, W-13

No maximum time.

NIGHT ORIENTEERING:

Course setter: Erik Keerberg

Competition class	Planned winning time, min	Course distance, km	Number of control points
W16	35	4,2	13
W18	40	4,7	15
W20	40-45	5,4	17
W21	45-50	7	20
W35	45	5,3	17
W45	35	4,2	14
W55	35	4,2	13
W65	35	3,6	12

Competition class	Planned winning time, min	Course distance, km	Number of control points
M16	40	5,4	17
M18	50	6,2	19
M20	50-55	7,8	22
M21	60-65	9,8	25
M35	55	8,7	20
M40	55	7,8	22
M45	50	6,2	19
M50	45	5,3	17
M55	45	4,8	15

28.08-29.08 Estonian Championships

KURESSAARE, PIDULA, LEEDRI

Competition class	Planned winning time, min	Course distance, km	Number of control points
M60	45	4,2	14
M65	45	4,2	13
M70	45	3,6	12
M75	45	3,6	12

Maximum running time 2,5 hours.

PARKING:

28.08 Sprint, Kuressaare

- Parking is on the lawn field of the beach recreation area according to the instructions of the organisers.

- The boundaries of the restricted area must be observed when driving to the car park (see the restricted areas section). It is recommended to use Uus-Roomassaare and Staadioni streets.

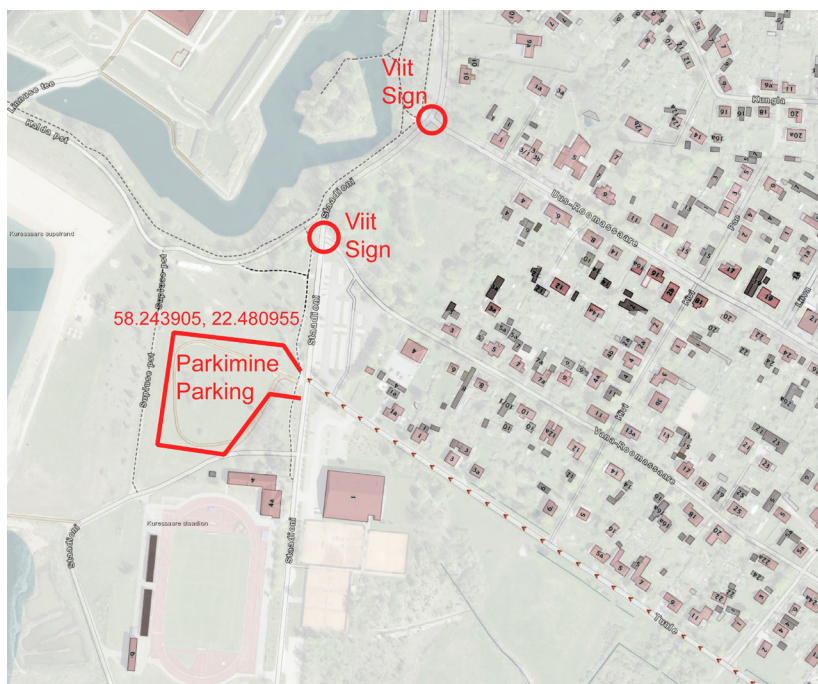
- Coordinates of the parking lot: 58.243905, 22.480955

GOOGLE: <https://bit.ly/3eiTd1q>

WAZE: <https://bit.ly/3kiq4Hn>

The distance from the parking lot to the competition center is approximately 1.1 km (along the Staadioni, Allee and Lossi streets).

The distance from the parking to the start quarantine is about 600 meters (along the Kalda alley).



28.08 Night, Pidula Forell

- parking will take place in the parking area of Pidula Forell according to the instructions of the organizers.

Coordinates of the parking place: 58.413060, 22.127421

GOOGLE: <https://bit.ly/3ehvm22>

WAZE: <https://bit.ly/3hFCXJX>

Parking is located right next to the competition center.

28.08-29.08 Estonian Championships

KURESSAARE, PIDULA, LEEDRI

29.08 Sprint relay, Leedri village

- parking takes place on the mowed meadow according to the instructions of the organizers.
- The car park may only be approached from the south along the Kabeli-Leedri road.

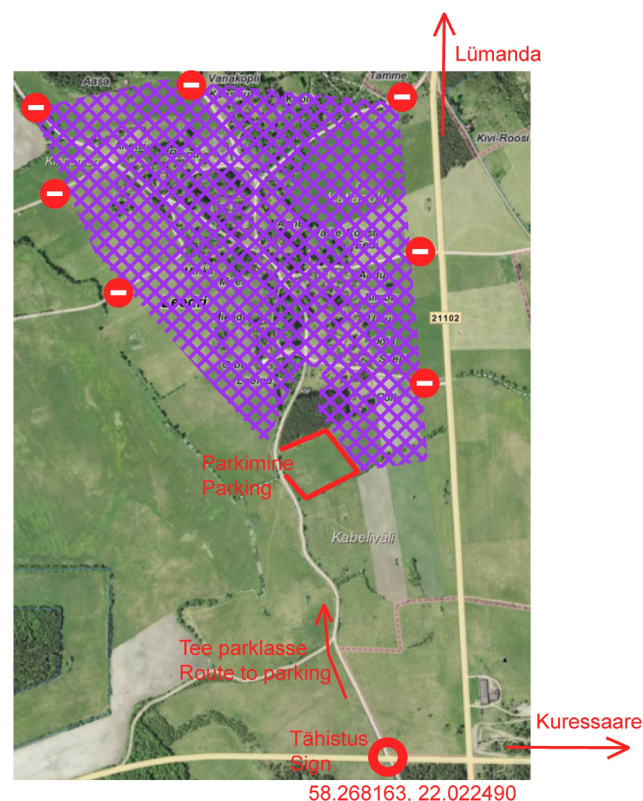
Sign location for turning to the small road:
58.268163, 22.022490.

Coordinates of the parking place: 58.275011,
22.017337

GOOGLE: <https://bit.ly/3i9gOmq>

WAZE: <https://bit.ly/3xG8Mrr>

Parking is located approx. 200m away from the competition center.



COMPETITION CENTERS:

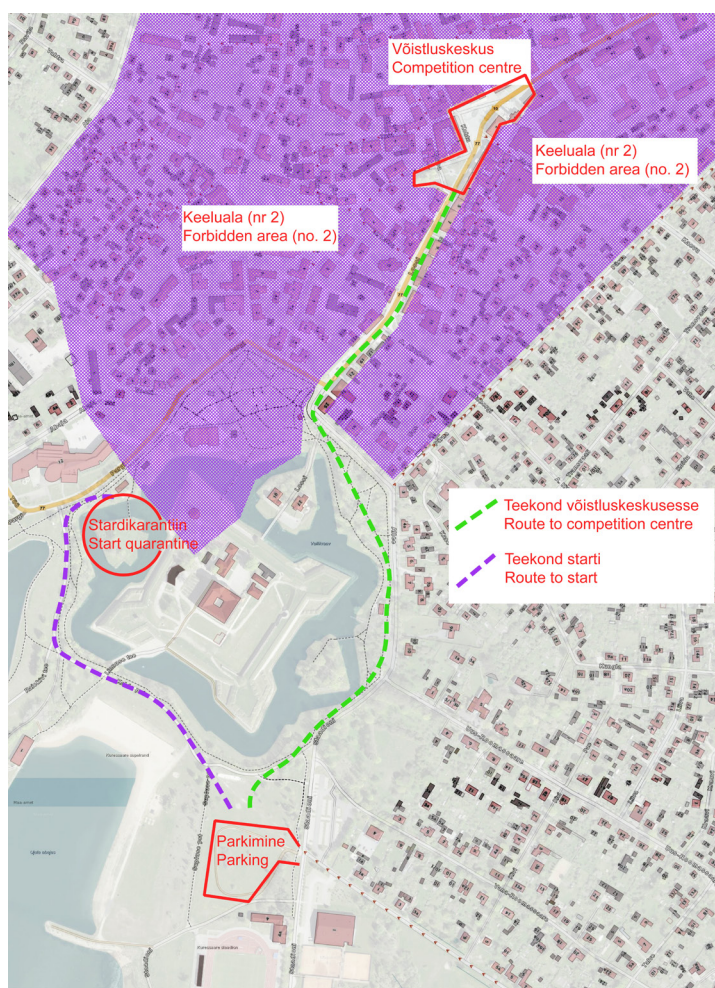
SPRINT:

Location: Town square in Kuressaare
(58.252907, 22.485052).

When moving between the competition center and parking area it is recommended to use Lossi st, Allee and Staadion street (1,1 km) - green dotted line on drawing.

Moving from competition center to start quarantine, you can use Lossi, Allee, Staadion and Kalda street through competition parking area - purple dotted line on drawing.

Route to start is 1,6 km long and is marked with following markings:



28.08-29.08 Estonian Championships

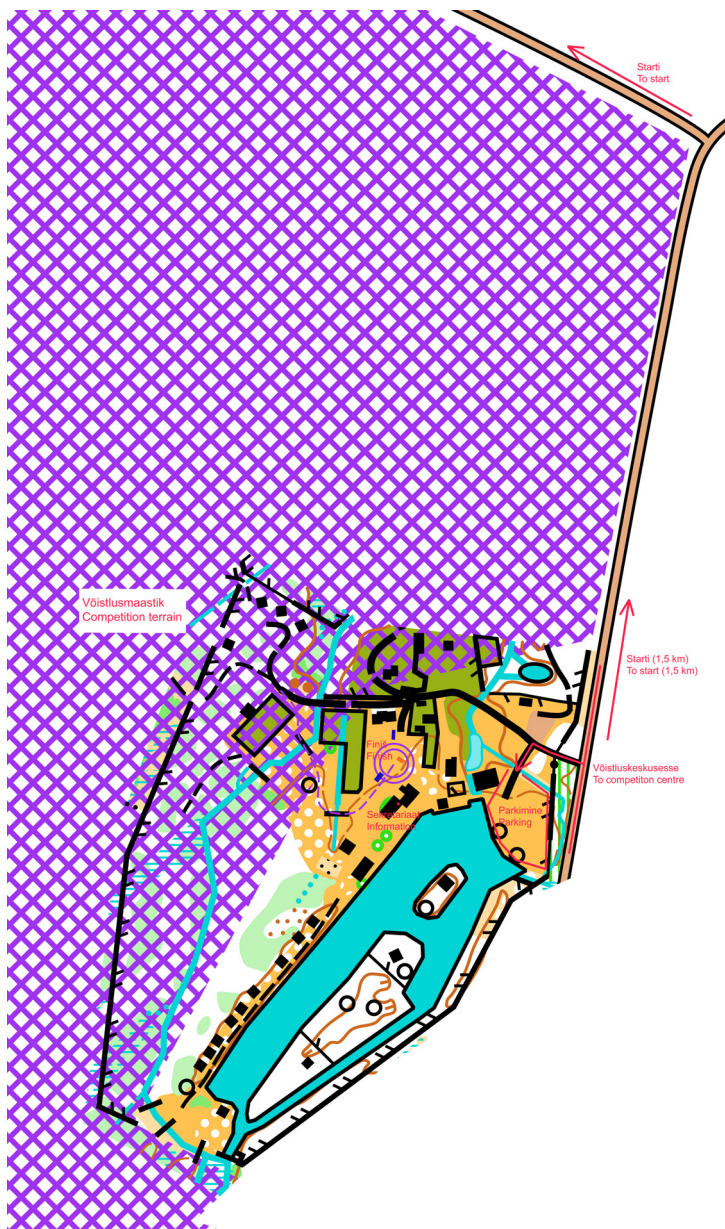
KURESSAARE, PIDULA, LEEDRI

- finish area (every competitor gets a free bottle of water 0,5l)
- first aid
- secretariat/information
- a tent with overcoats and bags brought from the start
- orienteering merchants (OÜ Skvaier and T-Style)
- led screen for following competition broadcast
- tap water for drinking
- childcare at the city's playground
- 2 portable toilets
- many different restaurants (search for the chapter "catering and food")
- Muhu ice cream merchant



Location: Area on Pidula Forell
(58.413266, 22.125908)
Parking is next to the competition center
(Pidula Forell)

- finish area (every competitor gets a free bottle of water 0,5l)
- first aid
- secretariat/info
- a tent with overcoats and bags brought from the start
- led screen for following competition broadcast
- 4 portable toilets



KURESSAARE, PIDULA, LEEDRI

SPRINT RELAY:

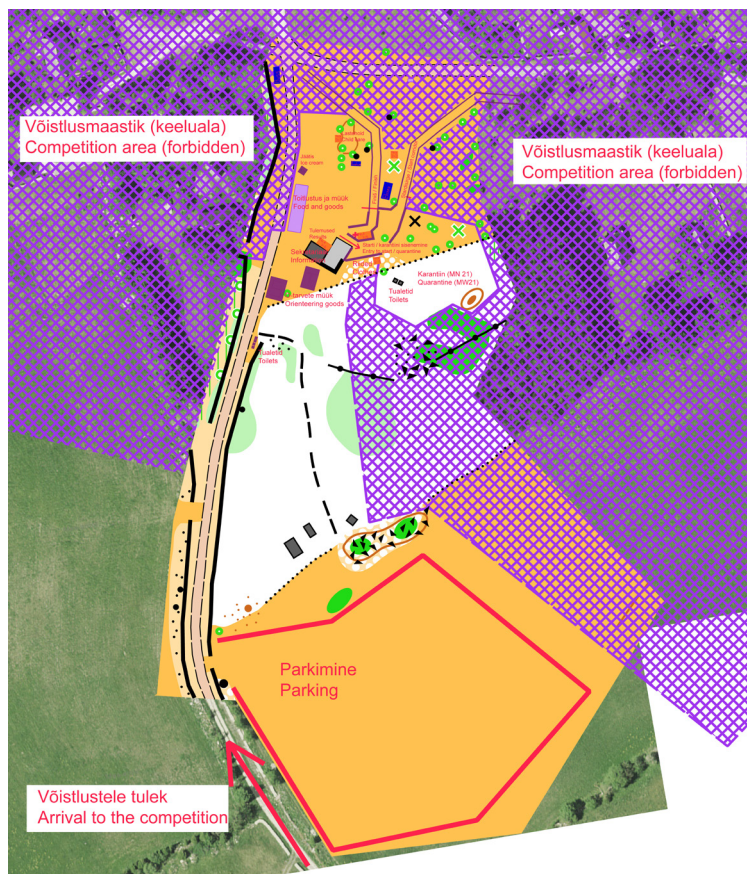
Location: Village square of Leedri (58.276624, 22.018516).

Distance between the parking and competition area is 200 m.

Approaching the competition center is from the southern road from the parking area.

Competition area:

- finish area (every competitor gets a free bottle of water 0,5l)
- first aid
- secretariat/info
- a tent for storing overcoats and bags is next to a quarantine area
- orienteering merchants (OÜ Skvaier and T-Style)
- led screen for following competition broadcast
- childcare
- 4 + 2 portable toilets
- local caterer
- merchants of local goods
- Muhu ice cream merchant



STARTS:

Warm-up areas:

The warm-up area for the 28.08 sprint competition is the quarantine area.

The warm-up area for the 28.08 night orienteering is in the competition center with a parking lot, on the road next to the competition center and on the road to the start.

The warm-up area for the 29.08 sprint relay is on the road coming from the south to the competition center and the start quarantine area for the MW 21 classes.

SPRINT:

Entry to the start quarantine closes at 14.00. All competitors must pass the start quarantine area before their start.

It is forbidden to use smart devices or otherwise receive information about the race courses and the terrain in the start quarantine area.

Upon entering the start quarantine, a check in is made with your SI card at the SI station indicated by the organizer.

The start quarantine has start numbers, printed competition information, rented SI cards, outdoor toilets, hand sanitizer.

For competitors who have sent their corona certificates electronically beforehand, the number bibs will be situated openly on a string. If the certificate is not yet presented, the bib numbers can be collected after showing the certificate (on paper) to the organizer (use of smartphones is not allowed in the quarantine area).

There will be 2 number bibs for each competitor and they must be worn both on the chest and on the back.

Participants are asked to bring their own safety pins to attach the number bibs.

28.08-29.08 Estonian Championships

KURESSAARE, PIDULA, LEEDRI

There are no tents or other roofs for the competitors in the start quarantine - the competitors must bring them with them if they wish.

There are several trees and shrubs in the quarantine area that provide shade from the sun. The quarantine has canisters with water. It is recommended to use personal water bottles.

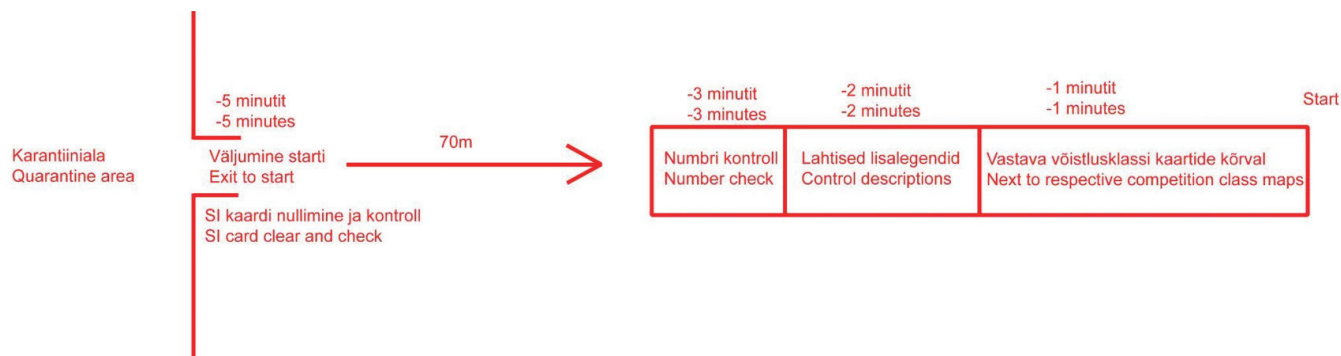
From the start of the quarantine, bags and clothes will be transported to the competition center next to the finish.

If any equipment is left in the start quarantine area, the organizers will keep supervision until the end of the competition.

Studded or spiked shoes are forbidden in sprint competition.

The distance between the quarantine area and the start is 70 meters. This route is marked.

Competitors exit the start quarantine 5 minutes before their start time according to scheme:

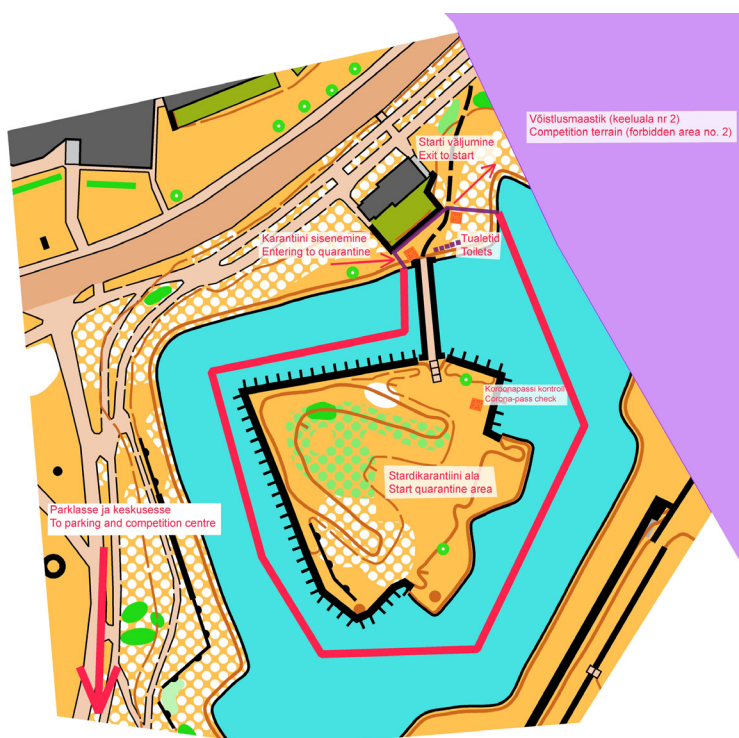


The pre-start time is 3 minutes.

Additional control descriptions can be taken 2 minutes before the start. Maximum dimensions for the control description is 16x5 cm.

One minute before the start the competitor stands next to their competition class maps. At the start moment the competitor takes the correct map and heads on to the course.

For MW21 and 20 classes there will be a 'start' SI station in the start line for accurate time keeping. For these classes this station has to be punched at the moment of the start.



28.08-29.08 Estonian Championships

KURESSAARE, PIDULA, LEEDRI

NIGHT:

For classes MW21 there will be number bibs used. Number bibs can be collected at the information desk. Participants are asked to bring their own safety pins for attaching the number bib. From the start, bags and clothes will be transported to the competition center next to the finish. The pre-start time is 3 minutes.

Additional control descriptions can be taken 2 minutes before the start. Maximum dimensions for the control description is 19x5 cm.

Route to start is 1,5 km and the way is marked with following signs:



SPRINT RELAY:

Start numbers will be distributed at the information tent - all numbers for one team will be issued at once. There will be 2 number bibs for each competitor and they must be worn both on the chest and on the back.

Participants are asked to bring their own safety pins to attach the number bibs.

No additional control descriptions will be available, control descriptions are printed on the map.

The starts of the competition classes take place as mass-starts.

1 minute before the start, competitors will be handed a rolled up map, which must be kept closed in front of them until the start command.

The procedure of the relay exchange will be presented by the organizer in the competition center at 11.45.

Second to fourth leg runners will receive their maps upon entering the start area. The maps are rolled up and it is not allowed to open them before the exchange has taken place.

For the classes MW21 there is a start quarantine in the sprint relay. Entry to the quarantine closes at 12.45. All MW21 competitors must go through the start quarantine area before their start.

For youth and masters classes the last leg runners must also enter the start and quarantine area before 12.45 regardless of the teams progress.

It is forbidden to use smart devices or otherwise receive information about the race courses and the terrain in the start quarantine area.

Upon entering the start quarantine, a check in is made with your SI card at the SI station indicated by the organizer.

The start quarantine has printed out competition information, outdoor toilets and hand sanitizer by the organizer.

There are no tents or other roofs for the competitors in the start quarantine - the competitors must bring them with them if they wish.

There are several trees and shrubs in the quarantine area that provide shade from the sun.

The start quarantine is located right next to the competition center, so there is no transport of clothes - you can leave your belongings next to the quarantine entry - in the marked area.

Studded or spiked shoes are forbidden in sprint relay competition.

COMPETITION COVERAGE:

Online results: online.osport.ee

GPS tracking: sportrec.eu

Television broadcast is produced from the MW21 competitions. A web link for viewing the broadcast will be provided before the competition at the competition website and the Facebook event site.

There is also a large screen in the competition centers to watch the TV broadcast.

28.08-29.08 Estonian Championships

KURESSAARE, PIDULA, LEEDRI

RESULTS:

The results are displayed on the screens provided in the competition center.

Online results can be seen at online.osport.ee

The official results will be posted on the competition website no later than the day after the competition - <https://www.saok.ee/emv2021/>

PRIZES:

Estonian Championship medals will be given to 3 best competitors in classes M14, W14, M16, W16, M18, W18, M20, W20, M21, W21, M21E, W21E, who are Estonian citizens or who are permanent residents of Estonia.

Estonian Championship medals will be given to 3 best competitors in classes MN35-80 who are Estonian citizens, permanent residents of Estonia or members of Estonian Orienteering federation clubs.

If a competitor with a top 3 result is not applicable to receive an Estonian Championships medal, then an alternative prize will be given by the organizers.

In a relay competition the members of top 3 teams will be given Estonian Championship medals if the team consists of members from a single orienteering club (under Estonian Orienteering federation).

In classes MW20 and younger, all members of the relay team must be Estonian citizens or have permanent residency.

In the rest of the competition classes, one person in the relay team does not have to be an Estonian citizen or have permanent residency.

If a relay team with a top 3 result is not applicable to receive an Estonian Championships medal, then an alternative prize will be given by the organizers.

Exciting prizes have been presented to the best from local Saaremaa companies, which have gathered under the Saaremaa Ehtne label.

COMPETITION RULES:

Estonian Championships are taking place according to Estonian Orienteering Federation competition rules: https://app.orienteerumine.ee/eol/failid/2021/EOL_v%C3%B5istlusreeglid_2021.pdf

and to Estonian Championships guide:

https://app.orienteerumine.ee/eol/failid/2021/EestiMV_OJ_2021_yldjuhend_09.06.21.pdf

Estonian Championships in orienteering sprint are taking place in according to IOF competition

rules: [https://onedrive.live.com/embed?resid=663580750D0C0BCE%2146288&authkey=!AMkPe_thYf_uF7A&em=2&wdHideHead](https://onedrive.live.com/embed?resid=663580750D0C0BCE%2146288&authkey=!AMkPe_thYf_uF7A&em=2&wdHideHeaders=True&wdDownloadButton=False)

[ers=True&wdDownloadButton=False](https://onedrive.live.com/embed?resid=663580750D0C0BCE%2146288&authkey=!AMkPe_thYf_uF7A&em=2&wdHideHeaders=True&wdDownloadButton=False)

COMPLAINTS AND PROTESTS:

In case of a complaint, it shall be made verbally or in writing to the information tent as soon as possible but not later than 30 min after the finish of the last competitor.

A protest can only be made after a complaint to oppose the organizers decision against a complaint.

A protest must be in writing to the member of the Jury as soon as possible but no later than 15 minutes after the decision about a complaint is known.

28.08-29.08 Estonian Championships

KURESSAARE, PIDULA, LEEDRI

CATERING AND FOOD:

On Saturday (28.08), Pritsumaja Grill in Kuressaare central square offers -10% of the entire menu with the code "orienteeruja" (<https://www.pritsumaja.ee/>). Muhu Ice Cream Factory offers ice cream in the competition center.

In addition, there are many different restaurants in the area.

Catering is not organized in the night competition center (28.08).

In the sprint relay competition center (29.08) it is possible to buy food from the Leedri village café. Muhu Ice Cream Factory offers ice cream in the competition center.

SALES:

The companies T-Style and OÜ Skvaier offer sports and orienteering goods at the competitions.

On August 29, different products of local sellers will also be on sale in Leedri competition centre..

CHILDCARE:

On August 28, childcare will be open in Kuressaare during the sprint competition. During the night competitions, childcare will be available if needed. The organizers do not offer childcare services separately in the sprint relay.

If you wish to use childcare services, please let us know in advance by contacting marili-is.kaljur@gmail.com (+372 5103547)

DRESSING AND WASHING:

28.08: There is no designated dressing room in Kuressaare. After the competition, it is possible to go showering in the Kuressaare Sports Center, Vallimaa 16a - price 1 € per person.

It is possible to dress indoors in the night competition center - it is forbidden to enter with studded shoes.

The night competition center has a small lake where you can swim. The seafront is also nearby.

There are no separate changing rooms or outdoor washing in the 29.08 sprint relay. If desired, you can go to shower in the Lümada community center - the price of a shower is 2.50 eur / person.

TRAINING POSSIBILITIES:

26th august: regular orienteering training event with free start time in Muhu island, Kautliku-Rannaniidi landscape.

The terrain is a lovely fast alvar pasture with occasional rocks and small cliffs. Also denser juniper thickets are common.

Start open 15.00 - 20.00 (start at a freely chosen time)

More information: www.paevakud.ee

Previous map: <https://www.orienteerumine.ee/kaart/kaartshow.php?Kood=2003012>

27th august: sprint-orienteering training event with free start time near Kuressaare fortress.

Terrain offers some fast park areas and tricky fortress orienteering.

Start open 15.00 - 20.00 (start at a freely chosen time)

More information: www.paevakud.ee

Previous map: <https://www.orienteerumine.ee/kaart/kaartshow.php?Kood=2003012>

28.08-29.08 Estonian Championships

KURESSAARE, PIDULA, LEEDRI

ACCOMMODATION OPTIONS:

For more ascetic accommodation, please contact the following locations:

- Kihelkonna school: accommodation in bunk beds. With linen 7 eur / night, without linen 5 eur / night. Contact: Kai Kallas tel +372 509 0210.
- Lümända community center: accommodation on the floor of the hall. Adult 10 eur / night, student 5 eur / night. Contact: Jaanika Tiitson tel. +372 56 236 402
- Taritu community center: accommodation on the floor. Adult 10 eur / night, student 5 eur / night. Contact: Aili Salong tel +372 526 4499. Book no later than August 10.

In addition, Saaremaa has numerous different types of accommodation. Information can be found, for example, at <https://visitsaaremaa.ee/> or on other pages with a similar purpose.

Special offers with keyword “**orienteeruja**” from the following hosts!

SPAS, HOTELS

- **Go Spa**: a family-friendly hotel. Accommodation in a standard double room with unlimited use of saunas and swimming pools -15%. Tel 4550101, info@gospa.ee. <https://www.gospa.ee/>
- **Grand Rose Spa**: Spa and sauna center with the largest selection of saunas in Saaremaa. 1 to 2 nights -10%, 3 nights -15%, info@grandrose.ee, tel 666 7000. <https://grandrose.ee/>
- **Arensburg Boutique Hotel & Spa**: sales@arensburg.ee, tel 45 24 705, <https://arensburg.ee/>
- **Repo Hotell**: repo@saaremaa.ee, tel 5330 9444, <https://repo.voog.com/et>
- **Linnahotell**: kuressaare@linnahotell.ee, tel 45 31 888, <https://www.linnahotell.ee/>
- **Saaremaa hotell**: saaremaa@saarehotell.ee, tel 505 8272, <https://www.saarehotell.ee/>

VACATION HOUSES:

- **Anni vacation house**: info@anniturism.ee, tel 50 82702. <http://www.anniturism.ee/>
- **Õnneoru vacation house**: saaremajutus@gmail.com, tel 53071664. <https://saaremajutus.ee/accommodation/onneoru-puhkemaja/>
- **Kivi-Roosi vacation house**: info@tirrutalu.ee, tel 523 7029. <https://www.tirrutalu.ee/kivi-roosi-puhkemaja>
- **Andruse vacation house**: heidi@andrusetalu.ee, tel 5666 0396, www.andrusetalu.ee
- **Silbernagel Apartment**: info@silbernagel.ee, tel 513 8767, <https://silbernagel.ee/>
- **Meela vacation house**: Ruuta Turja info@meela.ee, tel 5669 9609.
- **Sadama farm**: www.sadamatalu.ee, tel 502 4049.
- **Kotka farm**: kadri.forsstrom@hotmail.com, tel +358401720903. <https://www.facebook.com/KotkaTalu/>
- **Laevnina vacation house**: Raivo Pukk raivo.pukk@hotmail.co.uk, tel 503 7773.

CAMPING/HOSTEL/FLOOR


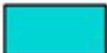













- **Karujärve camping**: jyri@karujarve.ee, tel 45 42181, <https://www.karujarve.ee/et/karujarve/>
- **Mändjala camping**: info@mandjala.ee, tel +3725029706. <https://mandjala.ee/>
- **Kärla sports hall**: hostel accommodation or floor accommodation. Raivo Uus sphall@hot.ee, tel 5224999

28.08-29.08 Estonian Championships

KURESSAARE, PIDULA, LEEDRI

ISSprOM 2019

In sprint the competitions competitors shall not enter or cross areas, routes or features drawn with the following symbols:

	Ületamatu kalju / Impassable cliff
	Ületamatu veekogu (musta joonega) / Uncrossable body of water (area & line)
	Ületamatu soo (musta joonega) / Uncrossable marsh (area & line)
	Läbimatu taimestik / Impassable vegetation
	Läbimatu taimestik - hekk / Impassable vegetation - hedge
	Ületamatu müür / Impassable wall
	Ületamatu aed / Impassable fence or railing
	Keeluala / Area that shall not be entered
	Hoone / Building
	Ületamatu torujuhe / Impassable pipeline
	Keelatud tõke / Forbidden obstacle
	Tähistamata piiriga keeluala / Out-of-bounds area with no marking on the terrain
	Osaliselt tähistatud piiriga keeluala / Out-of-bounds area with partial markings
	Tähistatud piiriga keeluala / Out-of-bounds area with markings on the terrain
	Ajutine keeluala (nt. ehitus või kohviku väliterrass) / Temporary construction or closed area

28.08-29.08 Estonian Championships

KURESSAARE, PIDULA, LEEDRI

SPONSORS:



SAAREMAA
SPORDILIIT



Kohala lapitekid

ace logistics

Kenakena



lavendel



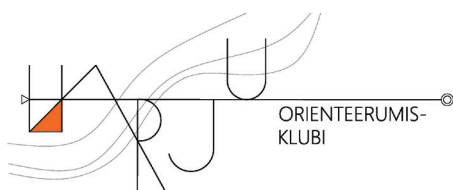
Saaremaa vald



ICEBUG®



Hekotek



28.08-29.08 Estonian Championships

KURESSAARE, PIDULA, LEEDRI